

30 MINUTE

MAKEOVER

We test drive quick beauty treatments for time-poor brides.

by SOPHIE RENNARD

There's nothing like a mini makeover to transform your look, especially when it can be done in 30 minutes or less. Sometimes, all you need is a quick pick-me-up treatment to brighten your visage, enhance your features and make you feel fabulous. Try these four sweet and speedy beauty cures that are guaranteed to have you wedding-ready in no time! »



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Face the facts:
30 MINUTES

Facials are your skin's best friend. They effectively exfoliate dead cells, regenerate new skin and stimulate collagen production; and fresh, glowing skin is a must when it comes to being photo-ready. A post-facial complexion looks brighter, more relaxed and, most importantly, instantly more youthful.

If you're strapped for time, try Guinot's new deep-cleansing Hydraclean facial, a go-to treatment that's affordable and suitable for all skin types. In 30 minutes, the Hydraclean facial addresses all the steps for clean and radiant skin. The treatment is a two-step process that involves a deep cleanse using a thermoclean electrode that's heated up to 42 degrees, which stimulates deeper into the skin using specific skincare products. Step two is a warming massage, which promotes drainage and kick-starts the skin's microcirculation, using a serum containing nourishing witch hazel extract. Guinot's chic salons are dotted all over the county, and to find one near you, head to guinot.com.au/salon-locations

Salon saviour:
10 MINUTES

The best way to instantly bring life back into your locks is with an in-salon hair treatment. A potent mix of salon ingredients massaged through your mane will help you achieve a healthy, glossy shine and nourish your hair from the inside out. And what's more to love is they usually take no longer than 10 minutes so, once you throw in a blow dry, you can be in and out within half an hour sporting beautiful, bouncy hair.

Melbourne's Wieselmann salon (wieselmann.com.au) in Toorak does a stellar job at primping those tresses and can tailor a treatment to your hair's needs. Whether it's strengthening, softening or shining, the experts will help you achieve your hair goals.

The process begins with a consultation whereby a team member assesses your hair's current state and prescribes a treatment that's tailor-made for you, including state-of-the-art products from Kerastase or Schwarzkopf. You'll sit back, relax and enjoy 10 minutes of hair-penetrating therapy that promises to get right to the source

(complete with head massage). All this is topped off with a 15-minute blow dry and you'll be thanking the hair gods for your divine new look.

Nailed it:
30 MINUTES

This may be the oldest trick of the trade, but there's nothing quite like a manicure to lift one's spirits and add pep to your step. Every bride should have beautifully manicured nails on her big day, and a 30-minute file and polish will do you no wrong. Plus, it's quick, easy and accessible.

From functional to fashionable manicures, the experts at Vaia Beauty (vaiabeauty.com.au) in Surry Hills, Sydney, are skilled in the art of nails. They offer an express manicure that's designed for those on the go, but they certainly don't skimp on the work. The express manicure takes half an hour and includes complete nail work followed by polish application, perfect for busy brides-to-be and ladies who might be between treatments. If time is on your side, Vaia offers deluxe manicures that include an aromatic hand soak, cuticle work and hand and arm exfoliation, but keep in mind these take up to 60 minutes.



L Brow boss:
15 MINUTES

Think of your eyebrows as your beauty guardian angels. Not only do they protect your eyes, they are the secret to putting your best face forward. Beautifully sculpted brows will help make your eyes pop, add the right amount of drama to your appearance and give you an instant celebrity red carpet look. An eyebrow shape and tint is the ultimate way to give your face the lift it needs, and it's also one of the quickest.

If you've spent your whole life plucking your brows beyond repair, fear not! No pair is unsalvageable, and with a little manipulation you'll be sporting Hollywood brows in no time. Professionally tended brows are the ultimate transformer, but you need to ensure you get help from the right person. If you've ever swooned over Margot Robbie or Natalie Bassingthwaite's flawless shapes, Carmen Duma from The Eyebrow Queen (eyebrowqueen.com) is the genius behind them. Located off Chapel Street in Prahran, Melbourne, The Eyebrow Queen is a salon dedicated solely to the brow. Carmen and her daughter Diana are experts at reading each face individually and will tailor the shape and colour of your brows to suit you personally. Carefully and meticulously, Carmen or Diana will wax, tweeze and tint in under 15 minutes, and you will leave feeling fabulous and confident, just like a movie star. 